



 מעינות
A'AYANOT
Yeshiva High School for Girls

2024-2025/5785



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

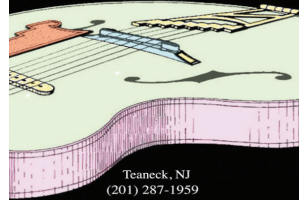
973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400

Lark Street Music

WIDEST SELECTION
rock • folk • jazz



Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652

PHONE: (201) 445-8786
FAX: (201) 445-8811

Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672

Tutoring Solutions Group
The New Standard in Test Prep

SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



We can create a custom package with any of our services, specifically for you

Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingm3.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry

Eytan Chen, DMD

201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

SEPTEMBER 2024

ELUL 5784/5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 28 AV	2 29 AV LABOR DAY NO SESSIONS	3 30 AV FIRST DAY OF SCHOOL ROSH CHODESH ELUL	4 1 ELUL ROSH CHODESH ELUL	5 2 ELUL	6 3 ELUL 7:01	7 4 ELUL PARSHAT SHOFTIM
8 5 ELUL	9 6 ELUL	10 7 ELUL	11 8 ELUL	12 9 ELUL	13 10 ELUL 6:49	14 11 ELUL PARSHAT KI TEITZEI
15 12 ELUL ACT	16 13 ELUL	17 14 ELUL	18 15 ELUL	19 16 ELUL	20 17 ELUL 6:37	21 18 ELUL PARSHAT KI TAVO
22 19 ELUL	23 20 ELUL	24 21 ELUL	25 22 ELUL BACK TO SCHOOL NIGHT	26 23 ELUL	27 24 ELUL 6:25	28 25 ELUL LEIL SELICHOT PARSHAT NITZAVIM-VAYEILECH
29 26 ELUL	30 27 ELUL			 <p>מעינות A'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>		



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400



Lark Street Music

WIDEST SELECTION
rock • folk • jazz

Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652
PHONE: (201) 445-8786
FAX: (201) 445-8811
Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672



SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingm3.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry

Eytan Chen, DMD
201-608-5114
www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

OCTOBER 2024

ELUL/TISHREI 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 28 ELUL	2 29 ELUL EREV ROSH HASHANAH NO SESSIONS 6:17	3 1 TISHREI ROSH HASHANAH NO SESSIONS 7:14	4 2 TISHREI ROSH HASHANAH NO SESSIONS 6:14	5 3 TISHREI SHABBAT SHUVA PARSHAT HAAZINU
6 4 TISHREI TZOM GEDALIA SAT	7 5 TISHREI	8 6 TISHREI	9 7 TISHREI	10 8 TISHREI	11 9 TISHREI EREV YOM KIPPUR NO SESSIONS 6:02	12 10 TISHREI YOM KIPPUR
13 11 TISHREI SAT	14 12 TISHREI	15 13 TISHREI	16 14 TISHREI EREV SUKKOT NO SESSIONS 5:55	17 15 TISHREI SUKKOT NO SESSIONS 6:53	18 16 TISHREI SUKKOT NO SESSIONS 5:52	19 17 TISHREI CHOL HAMOED
20 18 TISHREI CHOL HAMOED	21 19 TISHREI CHOL HAMOED NO SESSIONS	22 20 TISHREI CHOL HAMOED NO SESSIONS	23 21 TISHREI HOSHANA RABAH NO SESSIONS 5:45	24 22 TISHREI SHEMINI ATZERET NO SESSIONS 6:43	25 23 TISHREI SIMCHAT TORAH NO SESSIONS 5:42	26 24 TISHREI PARSHAT BERESHIT
27 25 TISHREI ACT	28 26 TISHREI SESSIONS RESUME	29 27 TISHREI	30 28 TISHREI	31 29 TISHREI		



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666

201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

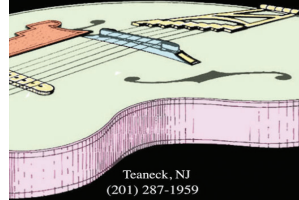
973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400

Lark Street Music

WIDEST SELECTION
rock • folk • jazz



Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652

PHONE: (201) 445-8786
FAX: (201) 445-8811

Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672

Tutoring Solutions Group
The New Standard in Test Prep

SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



We can create a custom package with any of our services, specifically for you

Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingmjs.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry

Eytan Chen, DMD
201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

NOVEMBER 2024

CESHVAN 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>מעֵינֹת M'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>					1 30 TISHREI Rosh Chodesh Cheshvan 5:33	2 1 CESHVAN Rosh Chodesh Cheshvan PARSHAT NOACH
3 2 CESHVAN SAT/ DAYLIGHT SAVINGS ENDS	4 3 CESHVAN	5 4 CESHVAN ELECTION DAY	6 5 CESHVAN	7 6 CESHVAN	8 7 CESHVAN NO SESSIONS FOR STUDENTS 4:25	9 8 CESHVAN OPEN HOUSE FOR 8TH GRADERS PARSHAT LECH-LECHA
10 9 CESHVAN VETERANS' DAY	11 10 CESHVAN	12 11 CESHVAN	13 12 CESHVAN	14 13 CESHVAN	15 14 CESHVAN 4:19	16 15 CESHVAN PARSHAT VAYERA
17 16 CESHVAN	18 17 CESHVAN YOM MA'AYANOT	19 18 CESHVAN	20 19 CESHVAN	21 20 CESHVAN	22 21 CESHVAN SCHOOLWIDE SHABBATON 4:14	23 22 CESHVAN SCHOOLWIDE SHABBATON PARSHAT CHAYEI SARA
24 23 CESHVAN	25 24 CESHVAN	26 25 CESHVAN	27 26 CESHVAN THANKSGIVING EVE 1:00 DISMISSAL	28 27 CESHVAN THANKSGIVING BREAK NO SESSIONS	29 28 CESHVAN THANKSGIVING BREAK NO SESSIONS 4:11	30 29 CESHVAN PARSHAT TOLDOT



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

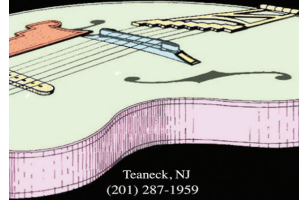
973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400

Lark Street Music

WIDEST SELECTION
rock • folk • jazz



Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652

PHONE: (201) 445-8786
FAX: (201) 445-8811

Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672

Tutoring Solutions Group
The New Standard in Test Prep

SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



We can create a custom package with any of our services, specifically for you

Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingmjs.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry

Eytan Chen, DMD

201-608-5114


www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

DECEMBER 2024

KISLEV/TEVET 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 30 CHESHVAN Rosh Chodesh Kislev	2 1 KISLEV Rosh Chodesh Kislev	3 2 KISLEV	4 3 KISLEV	5 4 KISLEV	6 5 KISLEV 4:09	7 6 KISLEV PARSHAT VAYETZEI
8 7 KISLEV FAMILY CONFERENCES SAT	9 8 KISLEV	10 9 KISLEV	11 10 KISLEV	12 11 KISLEV	13 12 KISLEV 4:10	14 13 KISLEV PARSHAT VAYISHLACH
15 14 KISLEV ACT	16 15 KISLEV	17 16 KISLEV	18 17 KISLEV	19 18 KISLEV	20 19 KISLEV 4:13	21 20 KISLEV PARSHAT VAYESHEV
22 21 KISLEV	23 22 KISLEV	24 23 KISLEV	25 24 KISLEV CHANUKAH FIRST NIGHT 4:20 DISMISSAL	26 25 KISLEV CHANUKAH 4:20 DISMISSAL	27 26 KISLEV CHANUKAH 4:17	28 27 KISLEV CHANUKAH PARSHAT MIKETZ
29 28 KISLEV CHANUKAH	30 29 KISLEV CHANUKAH BREAK NO SESSIONS	31 30 KISLEV ROSH CHODESH TEVET CHANUKAH BREAK NO SESSIONS	 <p>מעיינות A'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>			



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666

201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400



Lark Street Music
WIDEST SELECTION
rock • folk • jazz
Teaneck, NJ
(201) 287-1959



Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652

PHONE: (201) 445-8786
FAX: (201) 445-8811

Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672



SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumatze
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingm3.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



Pediatric Dentistry

Eytan Chen, DMD

201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

JANUARY 2025

TEVET/SHEVAT 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>מעֵינֹת M'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>			1 1 TEVET ROSH CHODESH TEVET CHANUKAH NEW YEAR'S DAY NO SESSIONS	2 2 TEVET	3 3 TEVET 4:22	4 4 TEVET PARSHAT VAYIGASH
5 5 TEVET	6 6 TEVET	7 7 TEVET	8 8 TEVET	9 9 TEVET LAST DAY OF CLASSES	10 10 TEVET ASARA B'TEVET STUDY DAY 4:29	11 11 TEVET PARSHAT VAYECHI
12 12 TEVET	13 13 TEVET MIDTERM EXAMS 11:00 AM DISMISSAL	14 14 TEVET MIDTERM EXAMS 11:00 AM DISMISSAL	15 15 TEVET MIDTERM EXAMS 11:00 AM DISMISSAL	16 16 TEVET WINTER BREAK NO SESSIONS	17 17 TEVET WINTER BREAK NO SESSIONS 4:37	18 18 TEVET WINTER BREAK PARSHAT SHEMOT
19 19 TEVET WINTER BREAK	20 20 TEVET MLK DAY WINTER BREAK NO SESSIONS	21 21 TEVET WINTER BREAK NO SESSIONS	22 22 TEVET WINTER BREAK NO SESSIONS	23 23 TEVET WINTER BREAK NO SESSIONS	24 24 TEVET WINTER BREAK NO SESSIONS 4:45	25 25 TEVET PARSHAT VAERA
26 26 TEVET	27 27 TEVET SESSIONS RESUME	28 28 TEVET	29 29 TEVET	30 1 SHEVAT ROSH CHODESH SHEVAT	31 2 SHEVAT 4:54	



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

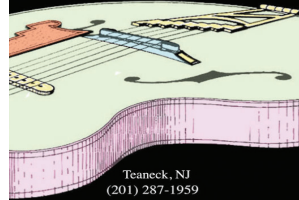
973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400

Lark Street Music

WIDEST SELECTION
rock • folk • jazz



Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652
PHONE: (201) 445-8786
FAX: (201) 445-8811
Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672

Tutoring Solutions Group

The New Standard in Test Prep

SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



We can create a custom package with any of our services, specifically for you

Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingmjs.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



Pediatric Dentistry

Eytan Chen, DMD

201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

FEBRUARY 2025

SHEVAT/ADAR 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 3 SHEVAT PARSHAT BO
2 4 SHEVAT	3 5 SHEVAT	4 6 SHEVAT	5 7 SHEVAT	6 8 SHEVAT	7 9 SHEVAT	8 10 SHEVAT Shabbat Shirah PARSHAT BESHALACH 5:03
9 11 SHEVAT ACT	10 12 SHEVAT	11 13 SHEVAT	12 14 SHEVAT	13 15 SHEVAT TU B'SHEVAT	14 16 SHEVAT	15 17 SHEVAT PARSHAT YITRO 5:11
16 18 SHEVAT	17 19 SSHEVAT PRESIDENT'S DAY NO SESSIONS	18 20 ASHEVAT STAFF DEVELOPMENT NO SESSIONS FOR STUDENTS	19 21 ASHEVAT	20 22 SHEVAT	21 23 SHEVAT	22 24 SHEVAT PARSHAT MISHPATIM 5:20
23 25 SHEVAT	24 26 SHEVAT	25 27 SHEVAT	26 28 SHEVAT	27 29 SHEVAT	28 30 SHEVAT ROSH CHODESH ADAR	 5:28



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666

201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

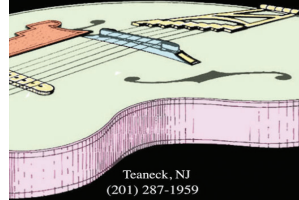
973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400

Lark Street Music

WIDEST SELECTION
rock • folk • jazz



Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652

PHONE: (201) 445-8786
FAX: (201) 445-8811

Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672

Tutoring Solutions Group
The New Standard in Test Prep

SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



We can create a custom package with any of our services, specifically for you

Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingmjs.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry

Eytan Chen, DMD

201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

MARCH 2025

ADAR/NISAN 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 1 ADAR ROSH CHIODESH ADAR PARSHAT SHEKALIM PARSHAT TERUMAH
2 2 ADAR	3 3 ADAR	4 4 ADAR	5 5 ADAR	6 6 ADAR	7 7 ADAR	8 8 ADAR PARSHAT ZACHOR PARSHAT TETZAVEH 5:36
9 9 ADAR SAT DAYLIGHT SAVINGS BEGINS	10 10 ADAR	11 11 ADAR	12 12 ADAR	13 13 ADAR TA'ANIT ESTHER 1:00 PM DISMISSAL 5:49	14 14 ADAR PURIM NO SESSIONS 6:44	15 15 ADAR SHUSHAN PURIM PARSHAT KI TISA
16 16 ADAR	17 17 ADAR	18 18 ADAR	19 19 ADAR	20 20 ADAR	21 21 ADAR	22 22 ADAR PARSHAT PARAH PARSHAT VAYAKHEL 6:51
23 23 ADAR	24 24 ADAR	25 25 ADAR	26 26 ADAR	27 27 ADAR	28 28 ADAR	29 29 ADAR PARSHAT HACHODESH
30 1 NISAN ROSH CHODESH NISAN	31 2 NISAN					PARSHAT PEKUDEI 6:59



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400



Lark Street Music
WIDEST SELECTION
rock • folk • jazz
Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652
PHONE: (201) 445-8786
FAX: (201) 445-8811
Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672



SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumatze
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingm3.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry


Eytan Chen, DMD
201-608-5114
www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

APRIL 2025

NISAN/IYAR 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 3 NISAN	2 4 NISAN	3 5 NISAN	4 6 NISAN	5 7 NISAN PARSHAT VAYIKRA 7:06
6 8 NISAN ACT	7 9 NISAN	8 10 NISAN YOM HA'ALIYAH	9 11 NISAN PESACH BREAK NO SESSIONS 7:13	10 12 NISAN PESACH BREAK NO SESSIONS 8:15	11 13 NISAN PESACH BREAK NO SESSIONS 8:16	12 14 NISAN SHABBAT HAGADOL EREV PESACH PARSHAT TZAV
13 15 NISAN OMER DAY 1 PESACH	14 16 NISAN OMER DAY 2 PESACH NO SESSIONS	15 17 NISAN OMER DAY 3 CHOL HAMOED NO SESSIONS	16 17 NISAN OMER DAY 4 CHOL HAMOED NO SESSIONS	17 19 NISAN OMER DAY 5 CHOL HAMOED NO SESSIONS 7:21	18 20 NISAN OMER DAY 6 CHOL HAMOED NO SESSIONS 8:23	19 21 NISAN OMER DAY 7 PESACH
20 22 NISAN OMER DAY 8 PESACH	21 23 NISAN OMER DAY 9 PESACH BREAK NO SESSIONS	22 24 NISAN OMER DAY 10 SESSIONS RESUME	23 25 NISAN OMER DAY 11	24 26 NISAN OMER DAY 12 YOM HA'SHOAH	25 27 NISAN OMER DAY 13 7:28	26 28 NISAN OMER DAY 14 PARSHAT SHMINI
27 29 NISAN OMER DAY 15	28 30 NISAN ROSH CHODESH IYAR OMER DAY 16	29 1 IYAR ROSH CHODESH IYAR OMER DAY 17	30 2 IYAR OMER DAY 18 YOM HAZIKARON	 <p>מעיינות A'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>		



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

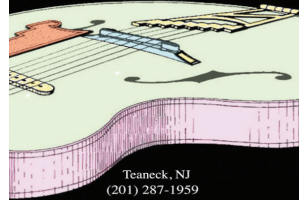
973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400

Lark Street Music

WIDEST SELECTION
rock • folk • jazz



Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652
PHONE: (201) 445-8786
FAX: (201) 445-8811
Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672

Tutoring Solutions Group

The New Standard in Test Prep

SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingm3.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



Pediatric Dentistry

Eytan Chen, DMD
201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

MAY 2025

IYAR/SIVAN 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>מעִינות A'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>				1 3 IYAR OMER DAY 19 YOM HA'ATZMAUT	2 4 IYAR OMER DAY 20 7:35	3 5 IYAR OMER DAY 21 PARSHAT TAZRIA-METZORAH
4 6 IYAR OMER DAY 22 SAT	5 7 IYAR OMER DAY 23	6 8 IYAR OMER DAY 24	7 9 IYAR OMER DAY 25	8 10 IYAR OMER DAY 26	9 11 IYAR OMER DAY 27 7:43	10 12 IYAR OMER DAY 28 PARSHAT ACHREI MOT-KEDOSHIM
11 13 IYAR OMER DAY 29 MOTHER'S DAY	12 14 IYAR OMER DAY 30	13 15 IYAR OMER DAY 31	14 16 IYAR OMER DAY 32	15 17 IYAR OMER DAY 33	16 18 IYAR OMER DAY 34 LAG BA'OMER 7:50	17 19 IYAR OMER DAY 35 PARSHAT EMOR
18 20 IYAR OMER DAY 36	19 21 IYAR OMER DAY 37	20 22 IYAR OMER DAY 38	21 23 IYAR OMER DAY 39 HEARTBEATS 1:00 PM DISMISSAL	22 24 IYAR OMER DAY 40	23 25 IYAR OMER DAY 41 7:56	24 26 IYAR OMER DAY 42 PARSHAT BEHAR-BECHUKOTAI
25 27 IYAR OMER DAY 43	26 28 IYAR OMER DAY 44 YOM YERUSHALAYIM MEMORIAL DAY NO SESSIONS	27 29 IYAR OMER DAY 45	28 1 SIVAN OMER DAY 46 ROSH CHODESH SIVAN SENIOR TRIP	29 2 SIVAN OMER DAY 47 SENIOR TRIP	30 3 SIVAN OMER DAY 48 SENIOR TRIP 8:02	31 4 SIVAN OMER DAY 49 PARSHAT BAMIDBAR



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists
149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400



Lark Street Music
WIDEST SELECTION
rock • folk • jazz
Teaneck, NJ
(201) 287-1959



Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652
PHONE: (201) 445-8786
FAX: (201) 445-8811
Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672



SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumatze
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingm3.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339




Pediatric Dentistry
Eytan Chen, DMD
201-608-5114
www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

JUNE 2025

SIVAN/TAMMUZ 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 5 SIVAN EREV SHAVUOT 8:03	2 6 SIVAN SHAVUOT NO SESSIONS 9:12	3 7 SIVAN SHAVUOT NO SESSIONS	4 8 SIVAN CLASS OF 2025 GRADUATION	5 9 SIVAN	6 10 SIVAN LAST DAY OF CLASSES 8:07	7 11 SIVAN PARSHAT NASSO
8 12 SIVAN SAT	9 13 SIVAN STUDY DAY	10 14 SIVAN FINAL EXAMS 11:00 AM DISMISSAL	11 15 SIVAN FINAL EXAMS 11:00 AM DISMISSAL	12 16 SIVAN FINAL EXAMS 11:00 AM DISMISSAL	13 17 SIVAN FINAL EXAMS 11:00 AM DISMISSAL 8:10	14 18 SIVAN PATRSHAT BEHAALOTCHA
15 19 SIVAN FATHER'S DAY	16 20 SIVAN	17 21 SIVAN VIEW AND REVIEW	18 22 SIVAN HAVE A GOOD SUMMER!	19 23 SIVAN	20 24 SIVAN 8:13	21 25 SIVAN PARSHAT SHLACH
22 26 SIVAN	23 27 SIVAN	24 28 SIVAN	25 29 SIVAN	26 30 SIVAN ROSH CHODESH TAMMUZ	27 1 TAMMUZ ROSH CHODESH TAMMUZ 8:13	28 2 TAMMUZ PARSHAT KORACH
29 3 TAMMUZ	30 4 TAMMUZ	 <p> מעיינות M'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666 </p>				



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666

201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400



Lark Street Music
WIDEST SELECTION
rock • folk • jazz
Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652
PHONE: (201) 445-8786
FAX: (201) 445-8811
Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672



SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**
Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University
Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumatze
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



Making Business Simple for You



Integrate documents, video, data, and IT needs through world-class service
www.marketingmjs.com
CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry
Eytan Chen, DMD
201-608-5114
www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

JULY 2025

TAMMUZ/AV 5785

<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
		1 5 TAMMUZ	2 6 TAMMUZ	3 7 TAMMUZ	4 8 TAMMUZ INDEPENDENCE DAY 8:13	5 9 TAMMUZ PARSHAT CHUKAT
6 10 TAMMUZ	7 11 TAMMUZ	8 12 TAMMUZ	9 13 TAMMUZ	10 14 TAMMUZ	11 15 TAMMUZ 8:10	12 16 TAMMUZ PARSHAT BALAK
13 17 TAMMUZ ACT FAST OF TAMMUZ	14 18 TAMMUZ	15 19 TAMMUZ	16 20 TAMMUZ	17 21 TAMMUZ	18 22 TAMMUZ 8:06	19 23 TAMMUZ PARSHAT PINCHAS
20 24 TAMMUZ	21 25 TAMMUZ	22 26 TAMMUZ	23 27 TAMMUZ	24 28 TAMMUZ	25 29 TAMMUZ 8:00	26 1 AV ROSH CHODESH AV PARSHAT MATOT-MASEI
27 2 AV	28 3 AV	29 4 AV	30 5 AV	31 6 AV		



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666
201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com

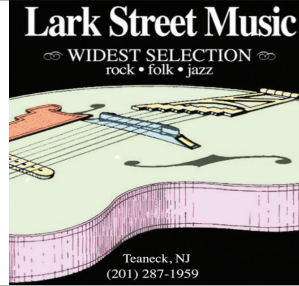


GENERAL CONTRACTOR

973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400



Lark Street Music

WIDEST SELECTION
rock • folk • jazz

Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652
PHONE: (201) 445-8786
FAX: (201) 445-8811
Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672



SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



We can create a custom package with any of our services, specifically for you

Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services
www.marketingmjs.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry

Eytan Chen, DMD
201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666

AUGUST 2025

AV/ELUL 5785

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>מעיןות A'AYANOT Yeshiva High School for Girls 1650 Palisade Avenue, Teaneck, NJ 07666</p>					1 7 AV	2 8 AV Shabbat Chazon EREV TISH'A B'AV 8:10 7:53
3 9 AV TISH'A B'AV	4 10 AV	5 11 AV	6 12 AV	7 13 AV	8 14 AV TU B'AV PARSHAT VAETCHANAN 8:45	9 15 AV Shabbat Nachamu TU B'AV PARSHAT VAETCHANAN 8:45
10 16 AV	11 17 AV	12 18 AV	13 19 AV	14 20 AV	15 21 AV PARSHAT EIKEV 7:35	16 22 AV PARSHAT EIKEV 7:35
17 23 AV	18 24 AV	19 25 AV	20 26 AV	21 27 AV	22 28 AV PARSHAT RE'EH 7:25	23 29 AV PARSHAT RE'EH 7:25
24 30 AV Rosh Chodesh Elul	25 1 ELUL Rosh Chodesh Elul	26 2 ELUL	27 3 ELUL	28 4 ELUL	29 5 ELUL	30 6 ELUL PARSHAT SHOFTIM 7:14
31 7 ELUL						



NINA EIZIKOVITZ
REALTOR®, SALES ASSOCIATE

201.280.5025 (Cell)
866.201.6210 (State Office)

Nina@LinksNJ.com
LinksNJ.com

Buy with Confidence, Sell with Success!



Circle of Excellence 2015 - 2021 EBCBOR Rising Star 2015



Elegant Balloon Décor

Debby Levi
Certified Balloon Artist
Member Qualatex Balloon Network

973-458-1606
845-362-1652
Email: debby@inflatedcreations.com
www.inflatedcreations.com



Sharon Knoll, D.M.D., M.S.
Leah Friedman, D.D.S., M.M.Sc.
Orthodontic Specialists

149 W. Englewood Avenue • Teaneck, NJ 07666
T 201-837-3322 • F 201-837-9187
Orthodontic Treatment • Children & Adults

www.knollorthodontics.com



Fun, fashionable, modest clothing
for girls, teens, & women

Carlyz's Craze
472 Cedar Lane
Teaneck, NJ 07666

201-342-3398
carlyzcraze@gmail.com
www.carlyzcraze.com



GENERAL CONTRACTOR

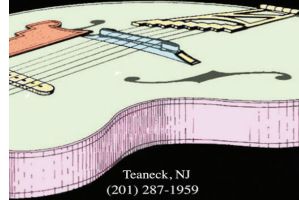
973.472.9737
homes@yacontractor.com
www.yacontractor.com
yacontractor

From roofs to basements
& everything in between!

Shomer Shabbos
Free Estimates
LIC. #56400

Lark Street Music

WIDEST SELECTION
rock • folk • jazz



Teaneck, NJ
(201) 287-1959

21st Century Dermatology, LLC

Dr. Marcy Goldstein
Board Certified Dermatologist

Medical and Cosmetic Dermatology for children and adults

ONE WEST RIDGEWOOD AVE.
SUITE 305
PARAMUS, NJ 07652

PHONE: (201) 445-8786
FAX: (201) 445-8811

Website: www.21stcenturydermatology.net



Ads | Branding | Brochures | Flyers | Invitations | Signage

www.AwesomeRawsonDesign.com

Lana Tiersky, PhD
Clinical Psychologist

Bergen Psychotherapy & Neuropsychology
17 South Franklin Turnpike
Ramsey, NJ 07446

Dr.LanaTiersky@gmail.com
DrLanaTiersky.com

NJ License #3672

Tutoring Solutions Group
The New Standard in Test Prep

SAT/ACT, COURSEWORK, ENRICHMENT

SARAH YEHUDA
S@TUTORINGSOLUTIONSGROUP.COM

661 EAST PALISADE AVENUE
ENGLEWOOD CLIFFS, NJ 07632

201.816.0248



**MUSIC & ENTERTAINMENT
PACKAGES FOR YOUR EVENTS!**

Photo and Video packages also available!

"The music was amazing and inspiring! It set the
whole tone for the wedding." - Leslie Sarousi, Bride
"... Fantastic music for the Jewish soul with the finest orchestra
musicians." - Rav Hershel Reichman, Yeshiva University

Weddings | Bar/Bat Mitzvahs | Engagements | Musical Havdala | Kumzitz
Mobile recording studio (for on-site professional audio recording)
(516) 522-0521 • ratzonorchestra@gmail.com • ratzonorchestra.com
f ratzonorchestra • @ratzonorchestra

Customized Digital Marketing



We can create a custom package with any of our services, specifically for you

Making Business Simple for You



Integrate documents, video, data, and IT needs through secure cloud services

www.marketingmjs.com

CONTACT US TO GET STARTED
(908) 842-0000

RELIABLE CLEANING SERVICE

COMMERCIAL JANITORIAL
SERVICES FOR SCHOOLS, SHULS
& OFFICE BUILDINGS.

Avi Feder

ReliableCleaningServiceInc@gmail.com
201-414-0339



growing
smiles

Pediatric Dentistry

Eytan Chen, DMD

201-608-5114

www.growingsmilesnj.com



1650 Palisade Avenue, Teaneck, NJ 07666



DAILY TIME SCHEDULE 2024-2025

	MONDAY (FLEX)	TUESDAY (FLEX)	WEDNESDAY (FLEX)	THURSDAY (MISHMAR)	FRIDAY	M-W Rosh Chodesh (FLEX)	THURSDAY Rosh Chodesh (MISHMAR)	M-W FLEX+ (Floating FLEX)	Fast Day	
TEFILLAH	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:30	8:00-8:45	8:00-8:45	8:00-8:30	TEFILLAH	8:00-8:35
1	8:45-9:24	8:45-9:24	8:45-9:24	8:45-9:22	8:55-9:32	9:05-9:42	9:00-9:36	8:45-9:21	1	8:45-9:22
2	9:27-10:06	9:27-10:06	9:27-10:06	9:25-10:02	9:35-10:12	9:45-10:22	9:39-10:15	9:24-10:00	2	9:25-10:02
3	10:09-10:48	10:09-10:48	10:09-10:48	10:05-10:42	10:15-10:52	10:25-11:02	10:18-10:54	10:03-10:39	BREAK	10:02-10:10
BREAK/ FLEX	10:48-11:13	10:48-11:13	10:48-11:13	10:42-10:47	10:52-11:00	11:02-11:27	10:54-10:59	10:39-10:44 10:47-11:34*	3	10:13-10:50
4	11:16-11:54	11:16-11:54	11:16-11:54	10:47-11:24	11:03-11:40	11:30-12:07	11:02-11:38	11:37-12:13	4	10:53-11:30
5	11:56-12:32	11:56-12:32	11:56-12:32	11:27-12:04	11:43-12:20	12:10-12:47	11:41-12:17	12:16-12:52	FLEX	11:33-12:10
Lunch/APs	12:35-1:15	12:35-1:15	12:35-1:15	12:07-12:47	12:23-1:00 (pd. 6)	12:50-1:30	12:19-12:59	12:55-1:35	5	12:13-12:50
6	1:16-1:56	1:16-1:56	1:16-1:56	12:51-1:28		1:31-2:08	1:00-1:36	1:36-2:12	6	12:53-1:30
7	1:59-2:39	1:59-2:39	1:59-2:39	1:31-2:08		2:11-2:48	1:39-2:15	2:15-2:51	<p style="text-align: center;">We're making every minute count!</p>	
MINCHA	2:39-2:47	2:39-2:47	2:39-2:47	2:08-2:16		2:48-2:56	2:18-2:26	2:51-2:59		
BREAK	2:47-2:52	2:47-2:52	2:47-2:52	2:16-2:21		2:56-3:01	2:26-2:31	2:59-3:04		
8	2:54-3:34	2:54-3:34	2:54-3:34	2:24-3:01		3:03-3:40	2:33-3:09	3:06-3:42		
9	3:37-4:17	3:37-4:17	3:37-4:17	3:04-3:41		3:43-4:20	3:12-3:48	3:45-4:21		
10	4:20-5:00	4:20-5:00	4:20-5:00	3:44-4:21		4:23-5:00	3:51-4:27	4:24-5:00		
				4:21-4:28 (Break)			4:27-4:33 (Break)	* Placement of FLEX+ throughout the day subject to change		
MISHMAR				4:30-5:15			4:33-5:15			



מאנאט

MA'AYANOT

Yeshiva High School for Girls

1650 Palisade Ave, Teaneck, NJ 07666 • 201.833.4307 • www.maayanot.org

[f](https://www.facebook.com/maayanotyhs) [@maayanotyhs](https://www.instagram.com/maayanotyhs) [t](https://www.twitter.com/maayanotyhs)